

How Communication Can Help Parents and Coaches Relationships

To create a positive relationship between parents and coaches and a healthy sports environment, communication is extremely important. (Y. Yabe et al, 2021)

Parents Identity

Factoring parent identity in terms of both personal and social identity may be a potential underlying reason for problematic parent behaviour (Dorsch et al., 2015).

Alongside personal identity, the degree to which parents identify with a particular social group—their social identities—may help understand and explain problematic parent behaviour in youth sport (Dorsch et al., 2015).

Coaches Identity

coaches' identity leadership is associated with better individual and team outcomes because it helps to build a sense of 'we' and 'us' in the team they lead (H. Krug et al, 2021).

Coaches need to be viewed as trustworthy leaders, and they need to be able to build relationships with both players and parents.



The coaches suggested that to effectively encourage the facilitator role, they needed to promote parents as facilitators, not leaders or coaches (Y. Yabe et al, 2021).



A Tip for Parents

Parents can enjoy their children's sports activities more if they understand the sports, including the basic rules, skills, and strategies involved (Smoll et al. 2011).



A Tip for Coaches

Educating parents on the sport and their roles in youth sport is necessary to make appropriate mutual communication between parents and coaches, which could lead to better circumstances for young athletes.



- (a) collaborative, emphasizing an equal, collaborative relationship between parent and coach
(b) coach-athlete centric, emphasizing the coach-athlete relationship as primary and the coach-parent relationship as secondary
(c) contractual, emphasizing coaching as a business with the coach-parent relationship prioritized.

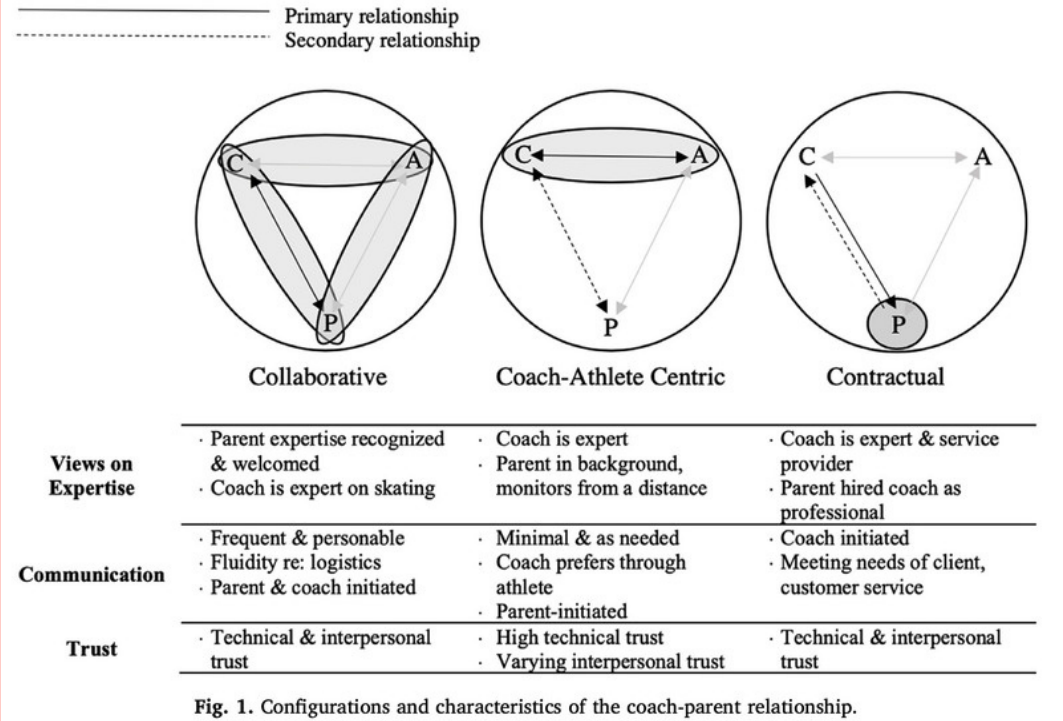


Fig. 1. Configurations and characteristics of the coach-parent relationship.



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