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COME 427

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Reflection: Relational Dialectics

My goal for this facilitation was to help further our understanding of the Relational Dialectic Perspective through engagement with a study. I found an article detailing first-generation students and their experiences, conflicts, and struggles, of being part of the campus community. I organized my discussion surrounding this study in hopes to show further our understanding of the theory.

The key findings of this research taught me or perhaps allowed me to relate to, the perspectives of first-generation college students and how they struggle with their identity. This understanding allowed me to further contemplate how multiple identities conflict with each other making for a confused and struggling identity interfering with many aspects of their lives.

I believe I had great success in explaining this theory, especially when relating to the specific instance with the scene from the Incredibles. In that scene, I asked the class to figure out the two conflicting identities in hopes it helps them understand the theory. Of course, I tried to make sure my body language was engaging with all areas of the classroom, but more importantly, I designed a final slide with discussion questions which I had the class talk with a partner about. The challenges I encountered were limited in the facilitation portion, however the biggest challenge I faced was interesting the material, which took a significant amount of time, but facilitating the discussion was the easier part. As a result, I left the classroom hopeful in my facilitation skills to further our class' understanding of relational dialectics theory.