

Henry Metz

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Profile: Dedicated individual with strong leadership skills and the proven ability to collaborate and communicate with others. Seeking further experiences and education with professional businesses in the field of communication, spanish, and leadership.

Education:

- **St. Norbert College** De Pere, WI 2019-Anticipated Graduation May 2023
Intended Major: Communications
Intended Minor(s): Spanish and Leadership
GPA: 3.32
Extracurriculars: Track and Field (4 yrs), GAP program (Travel and service in Boundary Waters, Chicago, Albuquerque, El Paso, and Guatemala), Fraternity member (Kappa Sigma, 4 yr) InterFraternity Council member (1 yr)

Experience:

- **Avid4 Adventure** Boulder, CO June 2022-August 2022
Camp Instructor
Obligations: Setting up day camp, driving twelve person vans, teaching canoeing, hiking, biking, and kayaking, general child caretaking and entertaining
- **Ashai Global** Milwaukee, WI June 2021-September 2021
Team Leader
Obligations: Training, Public Speaking/Presenting, Interview Training, Lead Based Sales, Customer Service, Recording Sales, Restocking/Prepping
- **Vittles and Vines** North Prairie, WI June 2017-August 2020
Server
Obligations: Seating customers, taking orders, making/serving drinks (alcohol/nonalcohol), serving food, customer service, bussing tables, training employees, cleaning, restocking
- **Golden Mast Restaurant** Okauchee, WI June 2016-October 2016
Busser/Dishwasher
Obligations: Setting tables, serving water, restocking, washing dishes

Leadership/Activities:

- Track and Field Captain August 2022-Current
- InterFraternity Council President November 2021-December 2021
- Kappa Sigma Fraternity Member (Spring Fling Chair, Tailgate Chair, Brother Development Chair, Ritual Chair, Grand Master of Ceremonies) September 2019-Current
- GAP Experience (Voyageur Outward Bound/Guatemala) September -February 2019
- Gustavus Academy June 2019
- Medical Brigade (Honduras) January 2019
- Badger Boys State July 2018
- Mission Trip (Montana) July 2018
- Wisconsin Leadership Seminar June 2017

Skills:

Leadership Skills, Communication Skills, Spanish Proficiency, Basic Microsoft (Word, Excel, Powerpoint)

