



What is Parentification?





Parentification is where the parent looks at the child for support and care rather than providing that support

Parents are essential to adolescents' structure and have a significant impact on different psychosocial outcomes, such as their mental health & social life

Nearly 75% of child & adolescent maltreatment cases that are investigated each year are caused by negligence due to parentification

Studies show that rare discipline, poor supervision & physical punishment is highly associated with depressive symptoms